



**the arbors**  
at spring lake



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*visit us at* [springlakearbors.com](http://springlakearbors.com)

# What Makes Us Special



Established in 1982, The Arbors is the only residence owned and operated by The Murray family. Personal, hands-on attention is the hallmark of our service.

## Location, Location, Location!

Walking? Begin on our property, then go to the park a block away, to the center of town, to church, or to the boardwalk and beach. We are across the street from the Spring Lake train station, on the bus line, and convenient to the Garden State Parkway. The Arbors is situated on 3 acres of beautifully landscaped land, in the heart of the Jersey Shore.

## We have No Entry Fee, No Admission Fee, No Community Fee

No matter what it's called, we don't have one. Your \$250.00 deposit to reserve your room is applicable to your first month's rent. If you happen to change your mind, all but \$100.00 of that deposit is returned to you. Like any rental situation, a FULLY REFUNDABLE security deposit equal to one and one half month's rent is required.

## Our staff has been here for years!

The length of service of our full-time employees is fifteen years on average. Many of our part-time staff can match that record too. This is your assurance of real stability.



# Services and Amenities

## The Arbors' Monthly Fee Includes:

- ❖ Spacious Room and Private Bath (*suites available*)
- ❖ Heating and Air Conditioning Individually Controlled
- ❖ Wall-To-Wall Carpeting, Furnishings, Custom Draperies and Bedspreads
- ❖ Bed and Bath Linens Provided and Laundered Regularly
- ❖ Daily Housekeeping Services
- ❖ 3 Delicious Meals Served Daily in our Dining Room
- ❖ Wide Variety of Menu Offerings
- ❖ Most Diets can be Accommodated
- ❖ Our Chef is a Graduate of the Culinary Institute of America
- ❖ Use of All Common Areas
  - Tastefully Appointed Lounge/Fireplace
  - Quiet Alcoves
  - Card Room & Snack Kitchen
  - On-Site Parking
- ❖ Transportation on a Scheduled Basis to Local Doctors, Nearby Shopping Malls, and Spring Lake Boardwalk
- ❖ Numerous and Varied Activities:
  - Religious Services
  - Professional Entertainment
  - Aerobic Exercise for Seniors
  - Bingo, Cards, Trivia, Games
  - Sing-Alongs
  - Local Theater and Movies

## Additional Information

- ❖ Our office is staffed 24 hours every day for your peace of mind.
- ❖ Private appointments are scheduled routinely with a nurse who oversees the general well-being of our residents.
- ❖ The Arbors is licensed by the State of New Jersey to monitor medications.
- ❖ Guests may choose to use their own furniture, or ours at no extra cost.
- ❖ The Arbors is a smoke-free building.
- ❖ A residents' Beauty Parlor/Barber Shop is on the premises, and appointments may be scheduled 4 days a week.
- ❖ A storage area is provided for luggage, seasonal clothing and the like.
- ❖ While we encourage independence, our long-term goal is to have a resident stay in place with assistance, when needed. Personal assistance for bathing, dressing, etc. is available through the office.

To view our video, visit [www.springlakearbors.com](http://www.springlakearbors.com)



# Some Frequently Asked Questions By People Considering The Arbors

*Q* I am anxious about tipping. Do you have a policy concerning this?

*A* There is **NO** tipping at The Arbors. Once a year at holiday time, we welcome a contribution which is distributed among all employees.

*Q* Eventually I may need some personal assistance with bathing and similar tasks. Can this be had at The Arbors?

*A* Yes. We can arrange for personal care. Usually, this can be a person of your choice, at time of your choosing, for the length of time you require.

*Q* Sometimes I am overwhelmed by the responsibility of my medications. Could you handle this for me?

*A* Yes. The Arbors is licensed to supervise medications. A small monthly fee is charged for this additional service.

*Q* Should I give up my car, is there transportation available?

*A* Complimentary car service to shopping, local malls and doctors appointments. Share ride is available through Monmouth County at a nominal fee. Parking is available on site should you bring your car.

*Q* Are there any "extras" for which I will be financially responsible?

*A* Yes. Telephone service is a requirement. Cable TV is optional. All rooms are equipped with a phone jack and cable outlet. Arrangements for these services are a personal matter.

*Q* I would enjoy having family and friends as my guests for meals occasionally. Since your dining room is not public, may I do this?

*A* Yes. Guests are welcome at all meals for a modest charge.

*Q* At what times are meals served?

*A* Coffee service begins at 7:15 am. Breakfast is served at 8:30 am. Lunch is served at 12:30 pm. Dinner is at 6:00 pm.

*Q* What about security?

*A* There is someone either in the office, or "walking" the building 24 hours a day.

*Q* May I bring my pet?

*A* Sorry. Because of guests' allergies, pets are not allowed at The Arbors. We do allow pet visits. Therapy dogs visit also.

*Q* I understand that bedroom and bathroom linens are supplied and laundered by The Arbors. What about my personal items?

*A* We have a Residents' Laundry for your use. Should you not wish to do your own personal laundry, the office can make arrangements for this service.

*Q* If I'm "a bit under the weather", may I have a tray in my room?

*A* Of course you may. There is a minimal charge for this service.

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